

150 WAYS TO FIGHT "I'M BORED"

1. Read
2. Read a book to a sibling
3. Write a story
4. Learn to draw an animal
5. Create something cool from the stuff in the recycle bin
6. Write a letter to a grandparent
7. Write a letter to a missionary
8. Write a letter to your favorite teacher
9. Paint with watercolors
10. Paint with fingerpaint
11. Do sidewalk chalk
12. Create a treasure hunt for the little kids
13. Babysit a sibling \$
14. Wash the car inside and out \$
15. Bake cookies
16. Plan the menu for the week
17. Fill up the baby pool and play in the water
18. Run through the sprinklers
19. Put a sprinkler under the tramp and jump
20. Weed \$
21. Play kickball or wiffleball
22. Work on your favorite sport
23. Get a soccer, basketball or football game going
24. Call a friend
25. Play hide and seek or sardines
26. Play tag
27. Play board games
28. Play a card game
29. Play a dice game
30. Make up your own game
31. Shoot a bow and arrow
32. Perfect the slackline
33. Play 4-square
34. Play bocce ball, bean bag toss or spikeball
35. Make up a dance
36. Make up a song
37. Sing karaoke
38. Make up a play
39. Listen to music
40. Play M.A.S.H.
41. Make friendship bracelets
42. Make rubberband bracelets
43. Play with Snap Circuits
44. Play with legos
45. Iron \$
46. Plan the next family outing
47. Plan the next family trip
48. Research a famous person from history
49. Play laser tag
50. Have an indoor basketball contest
51. Hide a stuffed animal and play "hot" "cold"
52. Have an Easter egg hunt
53. Find your ten favorite inspirational quotes
54. Get ideas for designing your own room
55. Clean out the toy room \$
56. Donate all your old clothes and toys
57. Organize the pantry \$
58. Play with bubbles
59. Make your own bubbles and wands
60. Make Harry Potter wands
61. Make stress balls
62. Ride bikes or rollerblades
63. Try to catch bugs, frogs or snakes
64. Make an ant maze
65. Research the craziest animal and tell us all about it
66. Do family history
67. Water the garden
68. Have a water fight
69. See who can make the ugliest face in a picture
70. Go on a scavenger hunt
71. Try Geo-caching
72. Build something
73. Jumprope
74. Organize your books
75. Play wall ball
76. Look through old photo albums
77. Write a rhyming poem
78. Paint rocks for the garden
79. Do spin art
80. Do leaf rubs
81. Make a piece of jewelry
82. Pick veggies from the garden
83. Have a paper airplane contest
84. Do origami
85. Learn a magic trick
86. Tell jokes
87. Build a fort
88. Use the Straw Builderz
89. Make a marble run
90. Grow crystals
91. Play in the hammock
92. Make a set of markers
93. Make and play with play-doh
94. Build with kinetic sand
95. Make slime
96. Learn some yo-yo tricks
97. Do a puzzle
98. Have a nerf war
99. Do your workbook
100. Make an obstacle course
101. See what you can knock with a catapult
102. Do a secret service
103. Learn to tie a tie
104. Collect snails
105. Play an instrument
106. Learn all the states
107. Collect all state quarters
108. Complete a paint-by-sticker
109. Draw in invention
110. Pick flowers for someone you love.
111. Run a mile
112. Make a movie
113. Design your dream house
114. Play Would You Rather
115. Create a recipe for the perfect smoothie
116. See how many push-ups and sit-ups you can do
117. Sticky note a friend's door with nice notes
118. Walk a dog
119. Create something with Zoob Builders
120. Predict the top 10 college teams for football and basketball
121. Make something with Pearler Beads
122. Play with remote control cars
123. Paint each other's faces
124. Complete a word search
125. Make a photo montage video
126. Complete a crossword puzzle
127. Practice Keyboarding
128. Make an instrument
129. Use sidewalk chalk to build a Hot Wheels track
130. Use ice cubes like water crayons on the sidewalk
131. Do a Sudoku or Colorku
132. Do a search and find book
133. Do a Where's Waldo book
134. Draw a map of your city
135. Create Playlists
136. Play house
137. Play school
138. Create a fairy garden
139. Try High Fit
140. Try yoga
141. Solve a Rubik's Cube
142. Learn Cat's Cradle and different string games
143. Play restaurant and take orders for lunch or dinner
144. Play the floor is lava
145. Play sardines
146. Play freeze dance
147. Play bigger or better around a neighborhood
148. Call a grandparent or elderly friend
149. Have a lemonade stand
150. Ask an adult if there is anything you can do to help them.

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