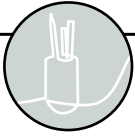


# SUMMER IDEAS FOR TEENS

## ART



paint  
draw  
make slime  
tie dye  
woodworking  
leather work  
doodle crate  
friendship bracelet  
boondoggle  
loom  
crochet  
make play dough  
sidewalk chalk  
organize photos  
make a chatbook  
create scrapbook

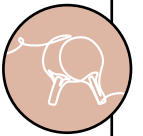
## SERVICE

yardwork  
deliver dessert  
make dinner  
scavenger hunt  
wash garbage cans  
write a thank you note  
call a grandparent  
heart attack a door  
pick up litter  
help a sibling  
tutor  
babysit  
volunteer  
organize a fundraiser

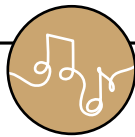


## PHYSICAL

basketball  
pickleball  
tennis  
hike  
soccer  
play catch  
kan jam  
kubb  
croquet  
bocce ball  
spike ball  
wiffleball  
trampoline  
frisbee  
dance  
slack line



## MUSIC



piano  
guitar  
ukelele  
write a song  
youtube lessons  
edit your playlist  
thumb piano  
create a new playlist  
music video  
teach lessons  
attend a concert

## INDOOR CHORES

clean out a closet  
dust blinds  
clean baseboards  
clean bathroom  
kitchen drawers  
organize a drawer  
iron  
laundry  
clean out fridge  
wipe down walls  
vacuum

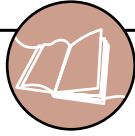
## EXERCISE

run  
walk  
lift weights  
high fit  
workout video  
HIIT workout  
push ups  
sit ups  
abs  
biking  
dancing



# SUMMER IDEAS FOR TEENS

## PEACE



walk  
yoga  
nap  
bath  
prayer  
journal  
scriptures  
meditation  
massage  
boredom  
scenic drive  
picnic  
bird watching  
stargazing  
watch the sunset  
catch the sunrise

## EDUCATION

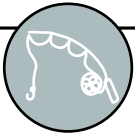
read  
Khan academy  
ACT prep  
summer school  
apply for scholarships  
write a story  
poetry  
make a savings plan  
create a game  
watch a TED talk  
listen to a podcast  
family history  
coloroku  
rubix cube  
coding  
learn a new skill

## PLAY



tinker crates  
snapcircuits  
cat's cradle  
board games  
3D metal earth  
model kit  
legos  
yo yo  
juggling  
catapult  
kanoodle  
dominoes  
puzzles  
minute to win it  
indoor golf course  
marbles

## WATER



swim  
kayak  
fishing  
go to the lake  
sprinklers under tramp  
water balloons  
water fight  
sponge dodge ball  
water gun art  
water balloon pinata  
paddleboarding

## OUTDOOR CHORES

mow the lawn  
edge  
weed  
harvest  
sweep  
power wash  
clean garbage  
wash windows  
wash car  
vacuum car

## COOKING

bake dessert  
bake cake  
make jam  
cook dinner  
make popsicles  
shop for groceries  
tin foil dinners  
bake bread  
plan weekly meals  
make a bucket list of recipes you want to try

